PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Bursera hindsiana (Benth.) Engler

GENUS *Bursera* **FAMILY** Burseraceae

COMMON NAMES Copal

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are occasionally eaten.

DESCRIPTION

A shrub or small tree. It loses its leaves during the year. It grows 3.6 m tall. The flowers are small. The fruit are oval and 1.2 cm long.

HABITAT

It is a subtropical plant. It needs to be in full sun. It suits hardiness zones 9b-10.

PRODUCTION

Cultivation

The tree can be used as a living fence or hedge.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 152

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b2bdb941-8e81-45e2-acd3-cacfd14f0900