PLANT FACT SHEET

Xanthisma grindelioides (Nutt.) D. R. Morgan & R. L. Hartm.

GENUS *Xanthisma* **FAMILY** Asteraceae

COMMON NAMES Nuttall goldenweed, Tahoka daisy

EDIBLE PARTS AND USES

Edible parts: Roots - tea

The roots are used to make tea.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 506 (As Machaeranthera grindelioides var. grindeliodies)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b32e8cdd-4ae8-4369-aa3d-bf6332614d02