PLANT FACT SHEET

Amphiblemma molle Hook.f.

GENUS *Amphiblemma* **FAMILY** Melastomataceae

EDIBLE PARTS AND USES

Edible parts: Vegetable

DESCRIPTION

A shrub. It grows 15-25 cm tall. It has soft hairs. The stems are flexible and have a few branches. The leaves are 5-8 cm long by 3 cm wide. They are oval or heart shaped. The flowers are 8 mm across.

HABITAT

It is a tropical plant. It grows between 900-1,000 m above sea level.

REFERENCES

Grubben, G. J. H. and Denton, O. A. (eds), 2004, Plant Resources of Tropical Africa 2. Vegetables. PROTA, Wageningen, Netherlands. p 559 (As Amphiblemma molle)

Raponda-Walker, A. & Sillans, R., 1961. Les plantes utiles du Gabon. Paul Lechevalier, Paris, France. 614 pp. (As Amphiblemma molle)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b356c839-64af-44dc-80b5-bbc02da96ff7