PLANT FACT SHEET

Nidorella auriculata DC.

GENUS *Nidorella* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Roots, Leaves

DESCRIPTION

An erect herb. It keeps growing from year to year. It grows 1.3 m tall. The stems are covered with white hairs. The leaves are sword shaped and do not have leaf stalks. There can be some irregular teeth along the edge of the leaf. There are soft hairs on both sides of the leaves. The flowers are in half round branched heads. The flowers are golden yellow.

HABITAT

It is a tropical plant. It grows in grassland.

REFERENCES

Malaisse, F., 1997, Se nourrir en floret claire africaine. Approche ecologique et nutritionnelle. CTA., p 65

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b35e7c63-aec1-44f1-beb3-8b68213a99e8