PLANT FACT SHEET

Brassica ruvo L.H. Bailey

GENUS *Brassica* **FAMILY** Brassicaceae

COMMON NAMES Broccoli raab, Italian turnip broccoli, Rapini, Ruvo kale

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves, Vegetable

The leaves are used as a potherb.

DESCRIPTION

A cabbage family herb. It can grow for one or two years. It has a tap-root. The leaves are dark green and have deep lobes.

HABITAT

It is a temperate plant.

NOTES

There are about 30 Brassica species and many cultivated varieties.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b35fc362-94b7-4a4a-9747-40304ba408ae