PLANT FACT SHEET

Rheum webbianum Royle

GENUS *Rheum* **FAMILY** Polygonaceae

COMMON NAMES Himalayan rhubarb

EDIBLE PARTS AND USES

Edible parts: Flower stalks, Leaves

The young shoots, flower spikes and leaves are cooked as a vegetable.
The leaf stalks are eaten raw or cooked. They are used like rhubarb. They are also used in chutney.

DESCRIPTION

A stout succulent herb. It grows 0.3-2 m tall. The leaves come from the base. The leaf stalks are 30-45 cm long. The leaf blade is leathery and round to kidney shaped. They are 10-50 cm across. The flowers are pale yellow or dark red.

HABITAT

It is a temperate plant. They grow between 3000-4000 m altitude in Uttar Pradesh in India. In western China it grows between 3,500-3.600 m above sea level.

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