PLANT FACT SHEET

Rumex beringensis Jurtzev & V. V. Petrovsky

GENUS *Rumex* **FAMILY** Polygonaceae

COMMON NAMES Bering sea dock, Bering sea sorrel

EDIBLE PARTS AND USES

Edible parts: Leaves

The young fresh leaves are eaten. They are probably crushed first.

DESCRIPTION

A small herb. It grows for a few years. It grows in patches. There are single flowering stems with small flowering branches near the tip. The leaves are narrow or spear shaped. The flowers are small and in compact clusters.

HABITAT

It is a cold temperate plant. It is often on coastal gravel.

REFERENCES

Ainana, L. & Zagrebin, I., 2014, Edible Plants Used by the Siberian Yupik Eskimos of Southeastern Chukotka Peninsula, Russia, (English translation). p 38

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b3a51702-3a12-4389-bc51-67d085837150