PLANT FACT SHEET

Alepidea natalensis J. M. Wood & M. S. Evans

GENUS *Alepidea* **FAMILY** Apiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The leaves are cooked and eaten as a vegetable.

DESCRIPTION

A herb.

HABITAT

It is a subtropical plant.

REFERENCES

Grubben, G. J. H. and Denton, O. A. (eds), 2004, Plant Resources of Tropical Africa 2. Vegetables. PROTA, Wageningen, Netherlands. p 41

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b40d918d-8d84-495b-98a4-a588cdd8594c