PLANT FACT SHEET

Ziziphus pubescens Oliv.

GENUS *Ziziphus* **FAMILY** Rhamnaceae

COMMON NAMES Small jujube

EDIBLE PARTS AND USES

Edible parts: Fruit

The ripe fruit are eaten.

DESCRIPTION

A large shrub or small tree. It grows to 7 m high. The young branches often have short hairs. The leaves are oval and 8 cm long by 4 cm wide. There are 3 veins from the base. The leaves are dark green and have greyish hairs underneath. The edges of the leaves have fine teeth. The flowers are yellow and small. They occur in dense heads in the axils of leaves. The fruit is oval and 10 mm long by 8 mm wide. They are reddish-brown when mature.

HABITAT

A tropical plant. It grows in coastal forest and low altitude forests along rivers. It can grow in the dry lowlands. It grows in Miombo woodland in Africa. It grows up to 500 m above sea level.

PRODUCTION

Cultivation

Plants can be grown from seed.

NOTES

This is an unresolved name in The Plant List.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Dale, I. R. and Greenway, P. J., 1961, Kenya Trees and Shrubs. Nairobi. p 395

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 169

Lovett, J. C. et al, Field Guide to the Moist Forest Trees of Tanzania. p 125

Mutie, F. G., 2020, Conservation of Wild Food Plants and Their Potential for Combatting Food Insecurity in Kenya as Exemplified by the Drylands of Kitui County. Plants 2020, 9, 1017

Mutie, F. M., et al, 2023, Important Medicinal and Food Taxa (Orders and Families) in Kenya, Based on Three Quantitative Approaches. Plants 2023, 12, 1145

Pakia, M., 2000, Plant Ecology and Ethnobotany of two sacred forests (Kayas) at the Kenya Coast. M. Sc. Thesis.

Palgrave, K.C., 1996, Trees of Southern Africa. Struik Publishers. p 551

Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 167

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b4179b19-5334-46b1-b8fc-8ef8c2c95533