PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Breynia oblongifolia (Mull.Arg.) Mull.Arg.

GENUS *Breynia* **FAMILY** Phyllanthaceae

COMMON NAMES Oblong-leafed breynia, Coffee bush

EDIBLE PARTS AND USES

Edible parts: Fruit

Caution: The fruit are suspected of being poisonous to stock.

DESCRIPTION

A shrub. It grows about 3 m tall. The bark is light brown and smooth. The leaves are simple and alternate. They are oval and entire. They are 3.5 cm long. They are green above and more pale underneath. The flowers are small and green to yellow. The fruit are berries about 6 mm across. They are pink to red and turn black as they ripen.

HABITAT

It is a tropical to warm temperate plant. It grows in rainforests.

NOTES

Also put in the family Euphorbiaceae.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Jackes, B. R., 2010, Plants of Magnetic Island. 3rd Edition. James Cook University, Australia. p 133

Melzer, R. & Plumb, J., 2011, Plants of Capricornia. Belgamba, Rockhampton. p 116

Robinson, L., 2003, Guide to the Native Plants of Sydney. Kangaroo Press.

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b4398a12-63ae-4f4b-9f1b-c78dd6aa3e2d