PLANT FACT SHEET

Sphaeranthus peduncularis DC.

GENUS *Sphaeranthus* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It grows 65 cm tall. It keeps growing from year to year. The leaves are alternate and narrowly oval. They have teeth along the edge.

HABITAT

It is a tropical plant.

REFERENCES

Grivetti, L. E., 1980, Agricultural development: present and potential role of edible wild plants. Part 2: Sub-Saharan Africa, Report to the Department of State Agency for International Development. p 71 (As Sphaeranthus incisus)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b43cc635-6cc7-4d58-b0b5-472362d19aa3