PLANT FACT SHEET

Beta vulgaris subsp. cicla var. flavescens (L.) W. D. J. Koch, (Lam.) Lam. & DC.

GENUS *Beta* **FAMILY** Amaranthaceae

COMMON NAMES Sicilian broad-rib beet, Swiss chard

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean plant.

NOTES

Probably all Beta are one species and 2 main forms - Cicla - for leaves, and Contiva - for roots.
Also put in the family Chenopodiaceae.

REFERENCES

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b43da0cf-d0cc-4540-a4fd-835cfbb6f428