PLANT FACT SHEET

Ophrys fusca Link.

GENUS *Ophrys* **FAMILY** Orchidaceae

COMMON NAMES Sombre bee orchid, Dark bee orchid

EDIBLE PARTS AND USES

Edible parts: Bulb, Root

The bulb or tuber is used to produce salep - a hot drink with milk. It is dried and crushed.

DESCRIPTION

An orchid. It forms a tuber. It grows 40 cm tall.

HABITAT

It is a subtropical or Mediterraean climate plant.

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Tekinsen, K. K., and Guner, A., 2010, Chemical composition and physicochemical properties of tubera salep produced from some Orchidaceae species. Food Chemistry 121: 468-1471

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b476fef0-deee-497a-93c7-c63f74edeaf3