PLANT FACT SHEET

Soliva sessilis Ruiz & Pav.

GENUS *Soliva* **FAMILY** Asteraceae

COMMON NAMES Field burrweed, Lawn burweed

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It is an annual plant. It grows 5-25 cm tall. The leaves are oval and 1-5 cm long by 1 cm wide. They are deeply divided. It has sharp seeds.

HABITAT

It is a temperate plant. In Argentina it grows between sea level and 1,500 m above sea level.

REFERENCES

Alimenticias - FloraSBS, (As Soliva pterosperma)

INFOODSUpdatedFGU-list.xls

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Kinupp, V. F. & Bergman, I., 2008, Protein and minerals of native species, potential vegetables and fruits. Cienc.Tecnol. Aliment. Vol. 28 No. 4 Campinas Oct/Dec. (As Soliva pterosperma)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b533241e-bcec-49ce-b6ef-a2aba3d3c9b4