PLANT FACT SHEET

Polygala myrtifolia L.

GENUS *Polygala* **FAMILY** Polygonaceae

COMMON NAMES Myrtle leaf milkwort

EDIBLE PARTS AND USES

Edible parts: Flowers - nectar

The nectar of the flowers is eaten as a snack.

DESCRIPTION

A sprawling shrub. It grows 2 m tall. The young parts can be velvety. The leaves point upwards and are narrow with edges the curl back. The flowers are large and in short groups at the ends of the branches. They are purple and the side petals have 2 lobes. The lower lobe is longer.

HABITAT

It is a subtropical plant. It grows on rocky slopes.

REFERENCES

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Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b570f162-ab70-4950-ac3a-056dbf4c4a2e