PLANT FACT SHEET

Juglans ailanthifolia var. cordiformis (Makino) Rehder

GENUS *Juglans* **FAMILY** Juglandaceae

COMMON NAMES Japanese Walnut, Heartnut, Heartseed walnut, Siebold walnut

EDIBLE PARTS AND USES

Edible parts: Nuts, Seeds

The seeds are eaten raw. They are also used in cooking. They can be used in candies, pies, cakes etc.
The nuts are a source of edible oil.

DESCRIPTION

A tree. This variety differs only in the shape of its fruit. The nut is heart shaped.

HABITAT

It is a temperate plant. It suits hardiness zones 5-8. Hobart Botanical Gardens 1. Arboretum Tasmania.

NOTES

There are about 30 Juglans species. All species bear edible nuts.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b5db93f9-2e42-412c-8a18-5fb06de195f3