PLANT FACT SHEET

Eskemukerjea megacarpum (Malick & Sengupta) Hara

GENUS *Eskemukerjea* **FAMILY** Polygonaceae

EDIBLE PARTS AND USES

Edible parts: Shoots

The tender shoots are eaten after cooking.

DESCRIPTION

A twining herb. It keeps growing from year to year. The stems are woody at the base. The leaves are triangle shaped and heart shaped at the base. They taper to the tip. There are often red markings on the top. The flowers are red or green. The fruit are round or oval. They are 10-12 mm long. They have 3 wings.

HABITAT

It is a temperate plant. In Nepal it grows between 2,400-3,000 m above sea level.

REFERENCES

Ghimire, S. K., et al, 2008, Non-Timber Forest Products of Nepal Himalaya. WWF Nepal p 114

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b5fe906e-7b21-44a5-8b4f-60185574ebb6