PLANT FACT SHEET

Diplazium laxifrons Rosenst.

GENUS *Diplazium* **FAMILY** Athyriaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Fronds

DESCRIPTION

A fern. It keeps growing from year to year. It has a creeping rhizome that can be a trunk 40 cm tall and 10 cm thick. It has a fertile frons 2.5 m long.

HABITAT

It is a subtropical plant. In China it grow beside streams between 300-2,200 m above sea level.

REFERENCES

Dorji, R., et al, 2022, Enumeration of edible and useful ferns (Pteridophytes) in the Bhutan Himalayas. Korean Journal of Plant Taxonomy 52(4): 235-245

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b6209141-5143-4779-89de-7fc928e9995a