PLANT FACT SHEET

Phyllospadix serrulatus Rupr. ex Aschers

GENUS *Phyllospadix* **FAMILY** Zosteraceae

COMMON NAMES Toothed surfgrass, Serrulated surfgrass

EDIBLE PARTS AND USES

Edible parts: Roots, Rhizomes

The rhizomes are chewed or eaten raw.

DESCRIPTION

A grass-like herb. The leaves are 60 cm long. There are teeth along the edge towards the tip.

HABITAT

It is a temperate plant. It grows in water.

REFERENCES

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 395

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b6715855-e3f9-4c24-b578-c4169f42d0c0