PLANT FACT SHEET

Hydrangea anomala D. Don

GENUS *Hydrangea* **FAMILY** Hydrangeaceae

COMMON NAMES Climbing hydrangea

EDIBLE PARTS AND USES

Edible parts: Leaves, Sap

The leaves are crushed and eaten fresh with miso. They taste like cucumber.
The boiled leaf was used to make a kind of syrup.
The sap is sweet and drinkable.

DESCRIPTION

A shrub or vine. It loses its leaves during the year. It grows 12 m high. The stem is stout and twining. The leaves are oval or sword shaped. They are bright green with teeth along the edge. The flowers are yellowish white. They occur in rounded clusters.

HABITAT

A temperate plant. It needs rich, moist soils. It needs a protected sunny position. It is resistant to frost but sensitive to drought.

PRODUCTION

Cultivation

They are grown from hardwood cuttings.

NOTES

There are about 80-100 Hydrangea species.

REFERENCES

Ambasta, S.P. (Ed.), 2000, The Useful Plants of India. CSIR India. p 277

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 121

Hibbert, M., 2002, The Aussie Plant Finder 2002, Florilegium. p 144

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

Prodr. fl. nepal. 211. 1825

Tanaka,

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b67bd941-5287-46ca-95b5-02bbb65cd20d