PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Aquilegia flabellata Sieb. & Zucc

GENUS *Aquilegia* **FAMILY** Ranunculaceae

COMMON NAMES Fan columbine, Fan-shaped Funnel Vegetable

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves

The red petals can be used as a natural food colouring.
Caution: The seeds and roots are poisonous. They have a heart toxin.

DESCRIPTION

A herb which keeps growing from year to year. It is a small compact plant. It grows 20-45 cm high and spreads 15-30 cm wide. The flowers are a soft, blue-purple colour. There are 1-2 per stem. They have white or cream petal tips and in-curved spurs.

HABITAT

A temperate plant. It suits hardiness zones 3-9.

NOTES

There are about 70 Aquilegia species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b68cd1c3-e808-4113-885a-3a822af6e5d9