PLANT FACT SHEET

Astilbe chinensis (Maxim.) Franch. & Sav.

GENUS *Astilbe* **FAMILY** Saxifragaceae

COMMON NAMES False Goat's Beard

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb or small shrub. It grows 50-70 cm high. It spreads 30-50 cm wide. The leaves have leaflets with coarse teeth. The flower-heads have short stems. There are several upright plumes.

HABITAT

It is a temperate plant. In China it grows between 400-3,600 m above sea level. It suits hardiness zones 5-9. Hobart Botanical Gardens. In Sichuan and Yunnan.

NOTES

There are about 22 Astilbe species. They are temperate plants.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b690059e-d4e7-4e76-be4f-fa1a4c593fa2