PLANT FACT SHEET

# *Barnadesia spinosa* L.f.

**GENUS** *Barnadesia* **FAMILY** Asteraceae

## EDIBLE PARTS AND USES

**Edible parts:** Flowers

The flower is used to prepare clear water.

## DESCRIPTION

A shrub.

## HABITAT

It is a tropical plant. They grow at 2,000-4,500 m above sea level.

## REFERENCES

Torre, de la L., et al, 2008, Enciclopedia de las Plantas Útiles del Ecuador. Herbario QCA. Pontificia Universidad Católica del Ecuador. p 219

**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/b6cd86a7-607f-4bcd-b410-e0a66d28a6c2