PLANT FACT SHEET

Amaranthus capensis Thell.

GENUS *Amaranthus* **FAMILY** Amaranthaceae

COMMON NAMES Smooth pigweed

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked and used as a vegetable.

DESCRIPTION

A herb.

HABITAT

It is a subtropical or Mediterranean climate plant.

REFERENCES

Magwede, K., van Wyk, B.-E., & van Wyk, A. E., 2019, An inventory of Vhavenda useful plants. South African Journal of Botany 122 (2019) 57–89

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 10

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b6e8badc-b934-4606-b2c9-56fa049859bd