PLANT FACT SHEET

Begonia incarnata Link and Otto

GENUS *Begonia* **FAMILY** Begoniaceae

COMMON NAMES Metallic begonia

EDIBLE PARTS AND USES

Edible parts: leaves

DESCRIPTION

A herb. It grows 1 m tall. It is erect and like a shrub. The leaves are oval and oblique. They are 5-9 cm long by 4-8 cm wide. The base is heart shaped. There are sharp teeth along the edge. They are shiny metallic green with purple veins on the upper surface and pale green underneath. The leaf stalk is 6 cm long. The flowers are pink and in the axils of leaves. The fruit is an oval capsule 1 cm long.

HABITAT

It is a tropical plant. It grows in humid forests up to 1,800 m above sea level. In Mexico it grows at about 1,600 m altitude.

PRODUCTION

Cultivation

Plants can be grown from seeds or stem or leaf cuttings.

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