PLANT FACT SHEET

Mazus pumilus (Burm.f.) Steenis

GENUS *Mazus* **FAMILY** Phrymaceae

COMMON NAMES Japanese Mazus

EDIBLE PARTS AND USES

Edible parts: Leaves

The plant is gathered and eaten in early spring. It is mixed with other vegetables.

DESCRIPTION

A low herb. It grows 6-20 cm high. The leaves form a ring at the base. They are spoon shaped. They are 2-6 cm long. The base is wedge shaped. There are irregular coarse teeth along the edge. The leaves on the stem are smaller. The flowers are small and purple-blue. The fruit is a capsule 4 mm across. The seeds are small.

HABITAT

A tropical plant.

NOTES

There are about 30 Mazus species.
Also put in the family Scrophulariaceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b7686f13-387e-458b-a232-377c1d5befdf