PLANT FACT SHEET

Palmaria mollis (Setchell & N. L. Gardner) van der Meer & C. J. Bird

GENUS *Palmaria* **FAMILY** Palmariaceae

COMMON NAMES Ribbon seaweed, Pacific dulse

EDIBLE PARTS AND USES

Edible parts: Algae, Seaweed

DESCRIPTION

A seaweed. It is a red seaweed. Several blades branch off a single holdfast. They can be 20-25 cm long.

Possibly now Devaleraea mollis.

HABITAT

It is a temperate plant.

NOTES

It is rich in iodine and also in protein.

REFERENCES

http://www.seavegetables.com

Zemke-White, W. L. & Ohno, M., 1999, World seaweed utilisation: An end-of-century summary. Journal of Applied Phycology 11: 369-376

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b76bd2fa-6944-47c6-97e8-d107000f999e