PLANT FACT SHEET

Callicarpa japonica Thunberg

GENUS *Callicarpa* **FAMILY** Lamiaceae

COMMON NAMES Maiden tea, Japanese beautyberry

EDIBLE PARTS AND USES

Edible parts: Leaves - tea, Fruit

The fruit have little flesh but are cooked and eaten.
The leaves are used for tea.

DESCRIPTION

A shrub. It loses its leaves during the year. It grows 1-2 m high. The young branches have dense yellow hairs. The leaves are narrowly oval and 7-15 cm long by 3-5 cm wide. They taper to the tip. There are teeth around the edge. The leaves are thin and papery. The flowers are small and purple-pink. They occur in groups on the axils of leaves. The fruit are purple berries. They are 3 mm across.

HABITAT

It is a temperate plant. It is common on hillsides in China.

NOTES

Previously in the Verbenaceae family.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b77359e8-2305-4221-8acb-04c3dc01fb2b