PLANT FACT SHEET

Lactuca tuberosa Jacq.

GENUS *Lactuca* **FAMILY** Asteraceae

COMMON NAMES Tuberous lettuce

EDIBLE PARTS AND USES

Edible parts: Leaves

The whole young plant is eaten raw.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

NOTES

There are about 20 Lactuca species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b79a5e51-2fd0-40b0-9325-af06e17f41e7