PLANT FACT SHEET

Edibility uncertain

It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

Ilex integra Thunb.

GENUS *Ilex* **FAMILY** Aquifoliaceae

COMMON NAMES Mochi tree, Nepal holly

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

An evergreen shrub. It grows 6 m tall. The leaves are dark green and glossy. The leaves have smooth edges. The flowers are pale yellow. The fruit are deep red berries.

HABITAT

A temperate plant. It suits hardiness zones 7-10.

NOTES

There are about 400 Ilex species.

REFERENCES

Etherington, K., & Imwold, D., (Eds), 2001, Botanica's Trees & Shrubs. The illustrated A-Z of over 8500 trees and shrubs. Random House, Australia. p 397

Fl. jap. 77. 1784

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b8073d89-4694-4281-a5ec-9aaaaa0cbd0e