PLANT FACT SHEET

Vangueria discolor (De Willd.) Lantz

GENUS *Vangueria* **FAMILY** Rubiaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A shrub. It grows 4 m high. There can be several stems from one root. The stems have rusty coloured hairs. The leaves are in pairs or rings of three. The leaves are 3-11 cm long by 2-7 cm wide. They are narrowly oval. The flowers are in dense short flat topped groups. They are 1.5-2.5 cm long. The fruit are yellow. They are 10-13 mm across.

HABITAT

It is a tropical plant. It grows in open woodland. It grows between 1,100-1,250 m above sea level.

PRODUCTION

Cultivation

It can re-grow from the rootstock after burning.

REFERENCES

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Ruffo, C. K., Birnie, A. & Tengnas, B., 2002, Edible Wild Plants of Tanzania. RELMA p 662 (As Tapiphyllum discolor)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b8577f7e-63d1-4930-829b-615965fb90a6