PLANT FACT SHEET

Crepis leontodontoides All.

GENUS *Crepis* **FAMILY** Asteraceae

COMMON NAMES Radicchio de campo, Castracani

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are used in salads and vegetable soups.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Alrhmoun,M., et al, 2025, Diachronic changes in local food heritage: the ethnobiology of wild foods in central Tuscany. Journal of Ethnobiology and Ethnomedicine (2025) 21:48

Pasta, S., et al, 2020, An Updated Checklist of the Sicilian Native Edible Plants: Preserving the Traditional Ecological Knowledge of Century-Old Agro-Pastoral Landscapes. Frontiers in Plant Science. Volume 11|Article 388

Pieroni, A., 1999, Gathered wild food plants in the Upper Valley of the Serchio River (Garfagnana), Central Italy. Economic Botany 53(3) pp 327-341

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b873c245-753b-44e3-9595-4c19be4a6770