PLANT FACT SHEET

Anacamptis laxiflora (Lam.) R.M.Bateman, Pridgeon & N.W.Chase

GENUS *Anacamptis* **FAMILY** Orchidaceae

COMMON NAMES Marsh orchis, Jersey orchid, Lax-flowered orchid

EDIBLE PARTS AND USES

Edible parts: Root

DESCRIPTION

A tall ground orchid. It grows 30-50 cm high. It has a tuberous root. There are 3-8 leaves scattered along the stem. None of the leaves sheath the stem. The leaves are narrow and pointed. The bracts are sword shaped and have 3-5 veins. The often have a flush of pink or purple. The flowers occur as 10-20 in a loose cluster. They are red-purple or violet.

HABITAT

It is a temperate plant. It grows in marshy ground and damp meadows. It can be near streams or in damp sandy locations.

NOTES

There are about 33 Orchis species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b894d4e1-ec79-4698-835d-923f939dfac7