PLANT FACT SHEET

Daemonorops draco (Willd.) Blume

GENUS *Daemonorops* **FAMILY** Arecaceae

COMMON NAMES Dragon's blood palm

EDIBLE PARTS AND USES

Edible parts: Fruit - colouring, Palm heart

The resin from the fruit is used to flavour and colour drinks.
The palm heart is cooked and eaten. This is often with coconut milk and fish.

DESCRIPTION

An evergreen tree. It grows 10 m high and spreads 4 m wide. The stems are long and slender. The leaves are palm like. They have prickly leaf stalks. The flowers are white and occur along the branches. The fruit are tapering berries.

Possibly now Calamus draco Willd.;

HABITAT

A tropical plant. It is best in moist, sandy, humus-rich soil. It needs a protected, partly shaded position. It is damaged by frost and drought.

REFERENCES

Bodkin, F., 1991, Encyclopedia Botanica. Cornstalk publishing, p 320

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 28

Maghirang, R. G., et al, 2018. Ethnobotanical Studies of Some Plants Commonly Used as Vegetables in Selected Provinces of the Philippines. Journal of Nature Studies. 17(2), 30-43.

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