PLANT FACT SHEET

Paxistima myrsinites (Pursh) Raf.

GENUS *Paxistima* **FAMILY** Celastraceae

COMMON NAMES Myrtle box-leaf, Mountain-lover

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit are eaten.

DESCRIPTION

A shrub. It grows 50-100 cm tall. The leaves are narrowly oval and 1-3 cm long by 3-12 mm wide. They are wedge shaped at the base and there are teeth along the edge. The fruit capsule are oval and 4-7 mm long by 2-4 mm wide.

HABITAT

It is a temperate plant.

REFERENCES

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 379

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b8fb8cdd-cdd8-4a95-b1f8-d4af4d8229d1