PLANT FACT SHEET

Babiana dregei Baker

GENUS *Babiana* **FAMILY** Iridaceae

COMMON NAMES Klipuintje

EDIBLE PARTS AND USES

Edible parts: Bulb, Root

The bulbs are eaten fresh or cooked in milk. They can also be baked.

DESCRIPTION

A bulb plant. The leaves are folded lengthwise. The flowers are usually blue. The corms or bulbs have a fibrous covering.

HABITAT

A tropical or Mediterranean plant.

NOTES

There are about 60-80 Babiana species. Most are in South Africa. It is nutritious.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b94872cb-23ee-4da5-a691-2be16c0d81f6