PLANT FACT SHEET

Orbea wissmannii (O.Schwartz) Bruyns

GENUS *Orbea* **FAMILY** Apocynaceae

EDIBLE PARTS AND USES

Edible parts: Stems

The young stems are eaten fresh. They are slightly bitter.

DESCRIPTION

A succulent herb. The stems are 4 angled and erect. They grow 7 cm tall. They are dark green and have teeth. It spreads over the ground forming large cushions 1 m across. The flowers are 5 pointed fleshy stars. They are red to yellow.

HABITAT

It is a Mediterranean climate plant. It grows in the desert or dry shrubland. It grows between 2,400-2,800 m above sea level. It grows on bare rocky slopes.

REFERENCES

Al-Fatimi, M. A., Wild Edible Plants Traditionally Collected and Used in Southern Yemen. Research Square. University of Aden. p 22

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b95e2cf0-920b-47c9-bc7c-ce66c5bab07d