PLANT FACT SHEET

Edibility uncertain

It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

Stokesia laevis (Hill) Greene

GENUS *Stokesia* **FAMILY** Asteraceae

COMMON NAMES Stokes aster, Cornflower aster

DESCRIPTION

A herb. It keeps growing from year to year. It grows 25-50 cm tall. The leaves are at the base and have stalks. They are 15-20 cm long. The leaves on the stems are smaller and clasp the stems. The stems have 1-4 pale blue flowers. The heads are 8-10 cm across.

HABITAT

It is a temperate plant. It grows in coastal plains and wetlands and also savannah.

PRODUCTION

Cultivation

Plants can be grown from seeds, cuttings or division.

REFERENCES

INFOODSUpdatedFGU-list.xls (As Carthamus laevis Hill)

Sukarya, D. G., (Ed.) 2013, 3,500 Plant Species of the Botanic Gardens of Indonesia. LIPI p 1136

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b96ecc27-b5c5-45c1-9240-c46c800eacc1