PLANT FACT SHEET

Oryzopsis hymenoides (Roem. & Schult.) Ricker ex Piper

GENUS *Oryzopsis* **FAMILY** Poaceae

COMMON NAMES Indian ricegrass, Indian millet

EDIBLE PARTS AND USES

Edible parts: Seeds, Grain, Cereal

The seeds are ground into a meal for bread and porridge. They can also be used for cakes or to thicken soups. They can be mixed with cornmeal and used for dumplings.

DESCRIPTION

A bunch millet grass. It grows 20-75 cm tall. It forms tufts

HABITAT

It is a temperate plant. It suits sandy arid regions. It suits USDA hardiness zones 3-9.

PRODUCTION

Cultivation

Seeds can be scratched just prior to planting to speed up germination.

NOTES

One ounce of Indian ricegrass seeds yields about 120 calories in food value.

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