PLANT FACT SHEET

Saxifraga stolonifera Meeburgh

GENUS *Saxifraga* **FAMILY** Saxifragaceae

COMMON NAMES Strawberry saxifrage, Creeping Saxifrage

EDIBLE PARTS AND USES

Edible parts: Leaves, Stem, Leaves - tea

The leaves are fried or parboiled and used in salads. They are eaten in tempura in Japan. They are pounded and used in chutney.
The flower scapes are salted and eaten.

DESCRIPTION

A herb which keeps growing from year to year. It grows 40 cm high and spreads 30 cm wide. It has long thin stolons or runners. The leaves are round or kidney shaped. They are reddish underneath and the veins are silvery above. It has panicles of white flowers. These are spotted with red or yellow. The flower stalks are 40 cm long.

HABITAT

It is a temperate to subtropical plant. In China it grows between 400-4,500 m above sea level. It suits hardiness zones 5-10. In XTBG Yunnan. In Sichuan.

PRODUCTION

Cultivation

Plants are grown by division or from the long thin rhizomes.

NOTES

There are about 440 Saxifraga species.

PICTURES



Credit: Food Plants International (Bruce French)



Credit: Food Plants International (Bruce French)



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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b99a1bce-c964-4f22-9016-7a671ac45660