PLANT FACT SHEET

Vasconcellea monoica (Desf.) A. DC

GENUS *Vasconcellea* **FAMILY** Caricaceae

COMMON NAMES Orange papaya, Dwarf Peruvian cooking papaya

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves

The fruit are eaten raw or cooked.
They can be dried, candied or frozen.
They are also used for drinks and pickles.

DESCRIPTION

A shrub with a single trunk. This is ringed with leaf scars. It grows 3 m tall. The leaves are 60 cm across. The leaf stalk is 90 cm long. The fruit are small. The fruit turn orange at maturity. The flesh in pink. The seeds are black.

HABITAT

A tropical and subtropical plant. In the Andes it grows between 600-1,700 m above sea level. It suits hardiness zones 11-12.

PRODUCTION

Cultivation

Plants are grown from seed.

NOTES

There are at least 22-40 species of Carica.

REFERENCES

Ann. Mus. Natl. Hist. Nat. 1:273, t. 18. 1802

Castillo, R. O., 1995, Plant Genetic Resources in the Andes: Impact, Conservation, and Management. Crop Science 35:355-360 (As Carica)

Coronel, R.E., 1982, Fruit Collections in the Philippines. IBPGR Newsletter p 9

Cundall, P., (ed.), 2004, Gardening Australia: flora: the gardener's bible. ABC Books. p 330

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 73 (As Carica monoica)

Hermandez Bermejo, J.E., and Leon, J. (Eds.), 1994, Neglected Crops. 1492 from a different perspective. FAO Plant Production and Protection Series No 26. FAO, Rome. p18

Hibbert, M., 2002, The Aussie Plant Finder 2002, Florilegium. p 60

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 902

Recher, P, 2001, Fruit Spirit Botanical Gardens Plant Index. www.nrg.com.au/~recher/ seedlist.html p 1 (As Carica monoica)

Segura, S., et al, 2018, The edible fruit species in Mexico. Genet Resour Crop Evol (2018) 65:1767–1793

Storey, W. B., 1979, Pineapple, in Simmonds N.W.,(ed), Crop Plant Evolution. Longmans. London. p 21

Toensmeier, E., 2022, Trees with Edible Leaves. Perennial Agriculture Institute. p 50 (As Carica monoica)

Torre, de la, L., et al, 2008, Enciclopedia de las Plantas Útiles del Ecuador. Herbario QCA. Pontificia Universidad Católica del Ecuador. p 276

Van den Eynden, V., et al, 2003, Wild Foods from South Ecuador. Economic Botany 57(4): 576-603

van Wyk, B., 2005, Food Plants of the World. An illustrated guide. Timber press. p 118

www.colecionandofrutas.org

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b9cb2a6c-1ec2-4e3f-8a55-9b186101f0b4