PLANT FACT SHEET

Ficus superba Miq.

GENUS *Ficus* **FAMILY** Moraceae

COMMON NAMES Sea Fig, Deciduous fig

EDIBLE PARTS AND USES

Edible parts: Leaves, Fruit

The young leaves are cooked and eaten in curry and as a vegetable.
The fruit although edible are not popular.

DESCRIPTION

A large fig. It loses its leaves for a short time. It has some aerial roots. It grows 6-21 m high and spreads 10-18 m wide. The young leaves are pink. They become mid green. The leaves grow to 25 cm long. The figs are dull purple. They are 18 mm across. They are clustered on short stalks.

HABITAT

A tropical plant. The variety japonica occurs in China. It grows on plains or in villages near the sea coast in S China. It grows from 100-1400 m altitude. It suits hardiness zones 9-11. Geelong Botanical Gardens.

PRODUCTION

Cultivation

Plants can be grown from seeds.

NOTES

There are about 800-1000 Ficus species. They are mostly in the tropics. There are 120 Ficus species in tropical America.

PICTURES



Credit: Food Plants International (Bruce French)



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