PLANT FACT SHEET

Impatiens vidyae R. C. Srivast.

GENUS *Impatiens* **FAMILY** Balsaminaceae

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves, Shoots

The leaves are cooked and eaten.

DESCRIPTION

A herb. It grows 45 cm tall. The stems, branches and leaf stalks are succulent. The leaves are oblong and 6-12 cm long. They taper to the tip. There are a few teeth along the edge. The flowers are bright yellow and 4 cm long.

HABITAT

It is a temperate to subtropical plant.

REFERENCES

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Srivasta, R. C. et al, 2009, Notes on a new herb traditionally used by Nyishi tribe of Arunachal Pradesh. Indian Journal of Traditional Knowledge Vol. 8 (4), October 2009, pp. 649

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/b9fcde0a-5caf-4cd3-a76a-b1334a0757b0