PLANT FACT SHEET

Ilex umbellulata (Wall.) Loes

GENUS *Ilex* **FAMILY** Aquifoliaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves

The leaves are eaten fresh with chilli sauce or boiled.

DESCRIPTION

An evergreen shrub or tree. It grows 4-15 m tall. The trunk is 40 cm across. The leaves are olive green and 7-15 cm long by 5-6 cm wide. Male and female flowers are separate. The fruit are round and red. They are 5-7 mm across.

HABITAT

It is a tropical plant. In southern China it grows in evergreen broad-leaved forests between 500-1,700 m above sea level. In Yunnan.

REFERENCES

Ghorbani, A., et al, 2012, A comparison of the wild food plant use knowledge of ethnic minorities in Naban River Watershed Nature Reserve, Yunnan, SW China. Journal of Ethnobiology and Ethnomedicine; 8:17

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