PLANT FACT SHEET

Sterculia oblongata R. Br.

GENUS *Sterculia* **FAMILY** Malvaceae

COMMON NAMES Malaboho, Malabuho

EDIBLE PARTS AND USES

Edible parts: Seeds, Root, Nuts

The kernels of the seeds are eaten raw or cooked.

DESCRIPTION

A medium sized tree. It grows 12 m tall. The trunk is 70 cm across. The leaves are smooth, oblong and with a pointed tip. They are rounded or heart shaped at the base. The flowers are hairy and borne in large numbers in narrow loose irregular flower arrangements in the axils of the upper leaves. The fruit are red, inflated and hairy and with a thick leathery covering. They contain 4 to 6 seeds.

HABITAT

A tropical plant. They are common and widely distributed throughout the Philippines growing in secondary and open forests at low and medium altitudes. It grows in primary and secondary forests up to 1,550 m above sea level.

PRODUCTION

Cultivation

Plants can be grown from seeds.

NOTES

Also put in the family Sterculiaceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ba1b883e-6b33-4da9-a8cd-15cd10e053b7