PLANT FACT SHEET

Ulva compressa Linnaeus

GENUS *Ulva* **FAMILY** Ulvaceae

EDIBLE PARTS AND USES

Edible parts: Seaweed, Algae

DESCRIPTION

A green seaweed.

HABITAT

It is a temperate plant.

REFERENCES

Cherry, P., et al, 2019, Risks and benefits of consuming edible seaweeds. Nutrition ReviewsVR Vol. 77(5):307–329

Pereira, L., 2011, A Review of the Nutrient Composition of Selected Edible Seaweeds. In Seaweed. Pomin V. H., (Ed.) Nova Science Publishers, Inc

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ba33bdfc-dfcd-426b-88b1-afb088424316