PLANT FACT SHEET

Calochilus campestris R. Br.

GENUS *Calochilus* **FAMILY** Orchidaceae

COMMON NAMES Copper beard orchid

EDIBLE PARTS AND USES

Edible parts: Tubers, Root

DESCRIPTION

An orchid.

HABITAT

It is a warm temperate plant.

NOTES

There are 11 Calochilus species. Most are in Australia. Calochilus robertsonii in Tasmania has aboriginal uses. Gilfedder, L et al, 2003, The Nature of the Midlands. Midlands Bushweb. PO Box 156 Longford, Tasmania. p 70

REFERENCES

Cherikoff V. & Isaacs, J., The Bush Food Handbook. How to gather, grow, process and cook Australian Wild Foods. Ti Tree Press, Australia p 194 (As Calochilus sp.)

Lim, T. K., 2015, Edible Medicinal and Non Medicinal Plants. Volume 9, Modified Stems, Roots, Bulbs. Springer p 21

Steenbeeke, Greg as part of the Plants Directory project. List of plant species from northern NSW that may be used as food plants p 14

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ba7dc741-b943-4625-a5b4-0d66cf107c46