PLANT FACT SHEET

Pteris wallichiana C. Agardh

GENUS *Pteris* **FAMILY** Pteridaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Fronds

The leaves or fronds are boiled, then fried and eaten with sauce.

DESCRIPTION

A herb. It is a fern. It can grow 1 m tall. The fronds are twice divided.

HABITAT

It grows in Yunnan in China.

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Liu, Y., et al, 2012, Food uses of ferns in China: a review. Acta Societatis Botanicorum Poloniae 84(4): 263-270

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