PLANT FACT SHEET

Hagenia abyssinica (Bruce) J. F. Gmel.

GENUS *Hagenia* **FAMILY** Rosaceae

COMMON NAMES African redwood

EDIBLE PARTS AND USES

Edible parts: Herb, Seeds, Fruit

The fresh ripe fruit is pounded and eaten.
The leaves are chewed.

DESCRIPTION

A tree. It grows 25 m high. The trunk can be 1 m across. The crown is rounded and often umbrella shaped. The bark is red-brown and is papery and peels off. The flowers are pinkish-white. They hang in long stalks and are of one sex.

HABITAT

It is a tropical plant. It is easily killed by fire. It grows along the edges of rainforest and spreads into burnt grassland. It suits humid locations. It grows between 1,950 - 3,000 m above sea level.

NOTES

There is one Hagenia species. Possibly edible. It is also used in medicine.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/baee1ca1-d161-4f3d-8687-835b0c889045