PLANT FACT SHEET

# *Alstroemeria pygmaea* Herb.

**GENUS** *Alstroemeria* **FAMILY** Alstroemeriaceae

**COMMON NAMES** Peruvian lily

## DESCRIPTION

A herb. It has tuberous roots. The stems are narrow and twisted and short. The leaves are grey green. They are in a tufted ring and are narrow. There is one deep yellow flower. It is funnel shaped.

## HABITAT

It is a subtropical plant. It grows between 3,500-4,420 m above sea level.

## REFERENCES

Vandebroek, I. & Sanca S., Food Medicines in the Bolivian Andes. Book chapter Eating and Healing p 273

**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/bb0d0daf-902c-4d2a-a9ac-e9cf64dfb182